



CEOL-CARE
Confidence in End-Of-Life
CAREgiving

Aim of the project

To develop a support programme for family caregivers who accompany people at the end of their lives at home.

The programme is tailor-made, flexible and run nurse-led.

Method: Participatory and collaborative action research in 4 steps :

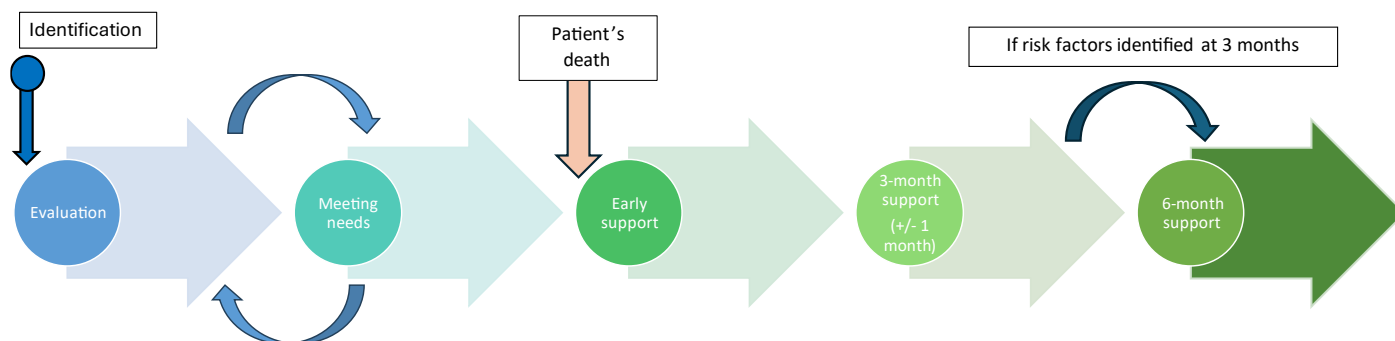
- i) preparation and evidence based on literature
- ii) mapping of existing resources
- iii) restitution and prioritization of needs
- iv) co-production of the intervention

In total, 15 family caregivers and some 20 associated and professional partners met to share their needs and perspectives.

Results

The intervention developed is led by the patient's referral nurse, who, in a spirit of partnership, supports the family caregiver during the end-of-life period and also after the patient's death. It provides guides and tools to help the family caregiver and professional navigate through a system, already involving numerous services, and facilitate networking.

CEOL-CARE INTERVENTION



Other important findings emerged from the project:

- ✓ Experiential, professional and academic knowledge were mutually enriching
- ✓ Network links were forged
- ✓ Some bereaved family caregivers benefited from a positive effect on their grieving process

Conclusion and outlook

The CEOL-CARE project is an innovative process that recognizes the knowledge developed by caregivers in the same way as that developed by professionals. The model of the intervention proposed here aims to help sick people realize their end-of-life wishes at home, by supporting family caregivers and strengthening the role of nurses. By facilitating the connection and use of already available resources, it also considers the limits of the healthcare system. The next stage, scheduled for 2026, will be to test and implement the program. A national roll-out is also envisaged.

Research team



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